



Substance Use Forum

FEBRUARY 25TH, 2025 | VIRTUAL / IN-PERSON

09:00 AM - 1:00 PM CDT (in-person) | 9:30 AM - 12:15 AM CDT (virtual)

WHO

IFNA member community frontline workers supporting mental health and addiction to discuss complexities of drug use and learn from a panelist of healthcare providers and their experience.

Host

IFNA Mental Health and Addictions Team

Panelists

N.P. Mae Katt-Substance Use Provider

Dr Sharon Cirone- Substance Use Provider

R.N. Keesha Bauer Addictions Specialist, Harm Reduction Focus

R.N. Marisa Curran - Public Health Focus

WHAT

Our conversation will focus on:

- Opioid use treatment, and the use of Sublocade in community.
- Understanding Stimulants, how to recognize misuse, current trending data, and special considerations for individuals and families.
- How poly substance use impacts risk of overdose.
- Explore current community frameworks and opportunities.
- Understanding psychosis and how to help.

WHERE

Kitchenuhmaykoosib Inninuwug, Muskrat Dam, Lac Seul, Whitesand and Pikangikum. A virtual Link will be provided for those wishing to attend individually online. Group meeting space and lunch will be available for those interested.

QUESTIONS or REGISTRATION

To Confirm in-person attendance or receive the link please contact Tracy at (705)-718-7357, Ashby tashby@ifna.ca and/or Stephanie Gauthier at (514)-515-6283, sgauthier@ifna.ca





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AGENDA

9:30 AM - TOP Q&A IN OPIOID USE DISORDER: EVERYTHING YOU WANTED TO KNOW BUT WERE AFRAID TO ASK (VIRTUAL)

Mae Katt, Dr Cirone

- Understanding the role of suboxone and sublocade
- Sublocade transition and current community use
- Impacts of fentanyl contaminated supply

10:00 AM - UNDERSTANDING CONTAMINATED SUPPLY

Keesha Bauer

- Changing landscape of substance use - regional data on contaminated supply
- Recognizing drug paraphernalia
- Fraudulent supply

10:20 AM - STIMULANTS 101

Keesha Bauer

- Regional data on vast increase in the region
- Types of Stimulants: crack cocaine, meth, duration
- Contamination in stimulants - cocaine contaminated with meth
- Accidental opioid use
- Behaviour changes of frequent use of methamphetamines (violence, self harm, odd changes in behaviour)
- How to recognize it, recognizing paraphernalia
- How sublocade can support

10:40 AM - UNDERSTANDING BENZOS AND NARCAN LIMITATIONS

Marisa Curran

- Purpose of Benzos in healthcare
- Emerging contamination with Benzos in substance use
- Risks of pverdose and how this mirrors opioid overdose
- How much Narcan is needed
- Why healthcare support is needed

11:00 AM - UNDERSTANDING PSYCHOSIS

Dr Cirone

- How to recognize psychosis
- How trauma increases risks with substance use
- Understanding substance-specific risk factors of psychosis
- Delayed Onset: psychosis doesn't always happen during substance use
- How sublocade may be protective
- Managing psychosis in community
- Focus on SAFETY

11:30 AM - CLIENT EXAMPLES

Mae Katt, Dr Cirone

11:45 AM - COMMUNITY DISCUSSION

12:00 PM - Ongoing Discussion & LUNCH (In-person)